KARATE

LIL DRAGONS Ages 3 – 5

Children will learn coordination, balance, concentration, group skills and life skills along with beginning martial arts skills in this fun filled ongoing class. Parents must stay but do not needto participate. This class is for children who are ready to try it alone. Class runs during Karate Tigers class. Master Jan DeAngelis is an Agent forthe Security Alliance Kid's Safe Network.

Sun 4-4:30 PM
1 Class Per Week (4 classes/session)

Price: $45



KARATE TIGERS

Ages 5 – 7

Children will learn child safety life skills, self- defense, and beginning traditional martial art skills, along with concentration, coordination and group skills in this Is an ongoing class.

Sun 4-4:30 PM
1 Class Per Week (4 classes/session)
Price: $45

Black Belt Class

Upper Belts from Brown to Red must request time in class.

4:45-6pm

Session Dates & price are subject to change. If the state declares a shut down, we will hold zoom classes. Please follow state regulations and CDC guidelines when possible.

Trinity UCC Palmyra
40 W Pine St, Palmyra, PA 17078
For More Info & New Students
Call DeAngelis Martial Arts
717-612-2595 or email us at
damamartialarts@aol.com

Session Schedules 2026 DeAngelis Martial Arts Palmyra

No Class Dec. 2025 14, 21, 28
Holiday Party is Dec. 21st starting at 5pm
Jan 2026 Sessions Begins on Jan 4th
Jan 4– Feb 1 (no Class Jan 25th)
Feb. 8– March 1
March 8- March 29
No class Sunday April 5
April 12– May 3
May 10– June 7 (No class May 24)
June 14– July 12 (No Class July 5)
July 19– Aug 9
Aug 16– Sept 13 (No Class Sept. 6)
Sept 20– Oct. 11
Oct 18– Nov. 22 (No Class Oct 25, Nov. 15, Nov. 29)
No Classes in Dec.
Dec. 13th Holiday Party