

Ongoing Classes for
2025 Dates & prices subject to change.



LIL DRAGONS Ages 3 – 5

Children will learn coordination, balance, concentration, group skills and life skills along with beginning martial arts skills in this fun filled ongoing class. Parents must stay but do not need to participate. This class is for children who are ready to try it alone. Class runs during Karate Tigers class. Master Jan DeAngelis is an Agent for the Security Alliance Kid's Safe Network.

Sun 4-4:30 PM

1 Class Per Week (4 classes/session)

Price: \$45



KARATE TIGERS

Ages 5 – 7

Children will learn child safety life skills, self-defense, and beginning traditional martial art skills, along with concentration, coordination and group skills in this ongoing class.

Sun 4-4:30 PM

1 Class Per Week (4 classes/session)

Price: \$45

Black Belt Class

Upper Belts from Brown to Red must request time in class.

4:45-6pm

Trinity UCC Palmyra

40 W Pine St, Palmyra, PA 17078

For More Info & New Students

Call DeAngelis Martial Arts

717-612-2595 or email us at

damamartialarts@aol.com

Session Schedules 2024 / 2025

May 18-June 8 (No class May 25 or June 15)

We will add 15 min. to June 22 and June 29th to make up for June 15th Cancellation.

June 22-Aug. 3 (No class July 6, 13, 20)

Aug. 10-31

Sept. 7-28

Oct. 5-26

Nov. 2-Dec. 7 (No class Nov. 9 and 30th)

No Classes Dec. 22, 29, Jan. 5-12 2026



Session Dates & price are subject to change. If the state declares a shut down, we will hold zoom classes. Please follow state regulations and CDC guidelines when possible.