

Ongoing Classes for
2023 Dates & prices subject to change.

KARATE

LIL DRAGONS Ages 3 – 5

Children will learn coordination, balance, concentration, group skills and life skills along with beginning martial arts skills in this fun filled ongoing class. Parents must stay but do not need to participate. This class is for children who are ready to try it alone. Class runs during Karate Tigers class. Master Jan DeAngelis is an Agent for the Security Alliance Kid's Safe Network.

Sun 4-4:30 PM

1 Class Per Week (4 classes/session)

Price: \$45



KARATE TIGERS

Ages 5 – 7

Children will learn child safety life skills, self-defense, and beginning traditional martial art skills, along with concentration, coordination and group skills in this ongoing class.

Sun 4-4:30 PM

1 Class Per Week (4 classes/session)

Price: \$45

Trinity UCC Palmyra

40 W Pine St, Palmyra, PA 17078

For More Info & New Students

Call DeAngelis Martial Arts

717-612-2595 or email us at

damamartialarts@aol.com

Session Schedules 2023

Jan. 7-28

Feb. 4-25

March 3-24 (no Class 31st)

April 7-28

May 5-June 2 (No Class on May 26)

June 9-30

July 14-Aug. 4 (No class July 7)

Aug. 18– Sept. 8 (no class Aug. 11 and no Class Sept. 1 Only three Classes in this session)

Sept. 15-Oct. 6

Oct. 13-Nov. 3 (No Class Nov. 10)

Nov. 17-Dec 8 (No Class De. 1) Only Three Classes in this Session

Dec. 22 and Dec. 29 are not in session, No classes until Jan.



Session Dates & price are subject to change. If the state declares a shut down, we will hold zoom classes. Please follow state regulations and CDC guidelines when possible.