

Ongoing Classes for  
2026  
Dates & prices subject to change.



West Hanover Parks and Recreation  
628 Walnut Ave. Harrisburg PA.  
For More Info & New Students  
Call DeAngelis Martial Arts  
717-612-2595 or email us at  
damamartialarts@aol.com

## LIL DRAGONS Ages 3 – 5

Children will learn coordination, balance, concentration, group skills and life skills along with beginning martial arts skills in this fun filled ongoing class. Parents must stay but do not need to participate. This class is for children who are ready to try it alone. Class runs during Karate Tigers class. Master Jan DeAngelis is an Agent for the Security Alliance Kid's Safe Network.

**Tues: 6:00-6:30 pm**

**Thurs. 6:30-7:00 pm**

**1 Class Per Week (4 classes/session) \$45**

**2 Classes (Per 4 wk Session) \$55**



## DRAGONS Class Ages 8- Adult

### **& Advanced Tigers Class Ages 5-7**

Families are welcome. Classes consist of traditional martial arts, Moo Duk Kwan Tang Soo Do, sparring, one-steps, kata, self-defense, endurance & strength training. DAMA provides a full martial arts curriculum. DAMA was awarded The School of the Year 2011 by the WKU Hall of Honors, 2013 Excellence in Teaching, 2014, 2015, 2016, 2017, Pro-motion of the Martial Arts Award from the Action Martial Arts Magazine Hall of Fame.

**Tues. 7-8:15 pm / Thurs. 7-8:15 pm /**

**1 Class Per Week (4 wk/session) Price \$50**

**2 Class Per Week (4 wk / Session) Price \$65**

**Jr. Black Belt \$25**



## 2026 Session Schedule

## KARATE TIGERS

Ages 5 – 7

Children will learn child safety life skills, self-defense, and beginning traditional martial art skills, along with concentration, coordination and group skills in this ongoing class.

Tues: 6:00-6:30 pm

Thurs. 6:30-7:00 pm

**1 Class Per Wk.(4 classes per session) \$45**

**2 Classes Per Wk. Per 4 wk Session \$55**

### Weapons class

6:30-7pm Class is for Dragons and Adv. Tigers only. \$15 per 4 week session

### Tues 2026 Sessions

No Class Jan 1st

Tues: Jan. 6-27

**Tues: No Class Feb. 3rd**

Tues: Feb. 10-March 3

Tues: March: 10-April 7

**(No Class March 31)**

Tues: April 14-May 5

Tues: May 12-June 9 **(No class June 2)**

Tues: June 16-July 14 **(No Class June 30)**

**No Class July 21st**

Tues: July 28-Aug 18

Tues: Aug 25-Sept. 22 **(No Class Sept. 1)**

Tues: Sept.29-Nov. 3 **(No class Oct. 6 / No Class Oct. 27)**

Tues: Nov. 10-Dec. 8 **(No class Nov. 24)**

Class Will Resume in Jan. 2027

### Thursday 2026 Sessions

No Class Jan 1st

Thurs: Jan. 8-29

**No Class Feb. 5th**

Thurs: Feb. 12-March 5

Thurs: March 12 –April 9

**(No Class April 2)**

Thurs: April 16-May 7

Thurs: May 14-June 11 **(No Class June 4)**

Thurs: June 18-July 16 **(No Class July 2)**

**No Class July 23**

Thurs: July 30-Aug. 20

Thurs: Aug 27-Sept. 24 **(No Class Sept. 3)**

Thurs: Oct.1-Nov. 5 **( No Class Oct. 8 / No class Oct. 29)**

Thurs: Nov. 12-Dec. 10 **(No Class Nov. 26)**

Class Will Resume in Jan. 2027