

Ongoing Classes for  
2025 Dates & prices subject to change.

# KARATE

## LIL DRAGONS Ages 3 – 5

Children will learn coordination, balance, concentration, group skills and life skills along with beginning martial arts skills in this fun filled ongoing class. Parents must stay but do not need to participate. This class is for children who are ready to try it alone. Class runs during Karate Tigers class. Master Jan DeAngelis is an Agent for the Security Alliance Kid's Safe Network.

**Sun 4-4:30 PM**

**1 Class** Per Week (4 classes/session)

Price: \$45



## KARATE TIGERS

Ages 5 – 7

Children will learn child safety life skills, self-defense, and beginning traditional martial art skills, along with concentration, coordination and group skills in this ongoing class.

**Sun 4-4:30 PM**

**1 Class** Per Week (4 classes/session)

Price: \$45

## Black Belt Class

***Upper Belts from Brown to Red must request time in class.***

***4:45-6pm***

Trinity UCC Palmyra

40 W Pine St, Palmyra, PA 17078

For More Info & New Students

Call DeAngelis Martial Arts

717-612-2595 or email us at

damamartialarts@aol.com

## Session Schedules 2024 / 2025

Nov. 17-Dec 15 (No Class Dec. 1)

No Classes Dec. 22, 29, Jan 5, 12

Classes will resume Jan 19th

Jan. 19-Feb. 9

Feb. 16-March 9

March 16-April 6

April 13-May 11 (No class April 20)

May 18-June 15 (No class May 25)

June 22-Aug. 3 (No class July 6, 13, 20)

Aug. 10-31

Sept. 7-28

Oct. 5-26

Nov. 2-Dec. 7 (No class Nov. 9 and 30th)

No Classes Dec. 22, 29, Jan. 5-12 2026



Session Dates & price are subject to change. If the state declares a shut down, we will hold zoom classes. Please follow state regulations and CDC guidelines when possible.